

TALBOT STREET FAMILY WELLBEING CENTRE TIMETABLE

AM

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	9:30am-2:30pm Sefton Welfare Rights (Appointment only - call 0151 934 3660)	10:00-11:00am Baby Massage (Bookings only) Light for Life Housing Advice (Appointment only call 01704 501256)	10:00-12:00 Sefton Carers Coffee Morning Advice and Support Group 10:00-12:00 (fortnightly from 25/01/23) sefton@work (Appointment only - call 0151 934 2875)	10:00-11:30am Chatter time 18mths-4 yrs (Bookings only)	Information, advice, and guidance plus Healthy Start Vitamins and C-Card

PM

PM	3:00 - 5:00pm Girls/Boys Youth Groups 10-16yrs (Referral only) 3:00-7:00pm SWAN Centre teenage Girls Counselling (13-18 yrs appointment only call 0151 933 3292)	Information, advice, and guidance plus Healthy Start Vitamins and C-Card	Information, advice, and guidance plus Healthy Start Vitamins and C-Card	1:00-3:00pm Well Baby Clinic (From 02/03/23 Appointment only - call 0151 247 6354) 1:00-3:30pm Households Into Work (Appointment only - call 07825 793270)	12:00 - 4:00pm Smoke-free Pregnancy (Appointment only)
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Family
Wellbeing
Centres

To book on any courses or for more information, please email talbotSt.FWC@sefton.gov.uk

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